

Breakout Sessions

Fort Caswell Coastal Women's Retreat

September 19-21, 2025

CLEARING THE CLUTTER: IT TAKES "HEART" WORK

Mary Majors Barth / Hatch Auditorium

Does anger seem to be your constant companion? Do hard emotions bubble up inside until you're ready to explode? Or perhaps it's a steady ember always simmering below the surface that taints all your responses? What about resentment? Bitterness? These are symptoms of a root of unforgiveness which clutters up our heart and impacts how we effectively we are "Jesus with skin on" to others. However, you don't have to tackle this 'heart work' alone! With the Holy Spirit's guidance, you can replace these thoughts and emotions with God's truth. Psalm 51:10 says, "Create in me a clean heart, O God, and renew a right spirit within me." This internal transformation can turn your struggles into something radiant, renew your spirit, and empower you to fulfill your purpose in every season of life. Let's start clearing the clutter!

THE GOODNESS OF GOD

Cindy Wallace / Hobbs Classroom 101

Sometimes music speaks the words our hearts can't quite express. One powerful example is "The Goodness of God," beautifully performed by CeCe Winans. Together, let's take a closer look at the lyrics and message of this song. As we reflect, we'll see how it points us to God's unwavering faithfulness and constant goodness through every season of life. My hope is that you'll come away with a deeper sense of just how great His love for us truly is—through both the highs and the lows.

WHAT IS THE FAITH OF THE NEXT GENERATION WORTH TO YOU?

Gaylin (Huff) Stewart / Hobbs Classroom 110

We will dig into biblical covenants that illustrate our faithful God and consider how taking risks and prioritizing love should impact our faith walk in 2025. Are you willing to consider some hard questions about how you and your church are illustrating faith in your communities?

COVERED DISH: WHY WOMEN ARE NEEDED IN MINISTRY

Jennifer Johnson / Hobbs Classroom 201

In the Southern Baptist tradition, a "Covered Dish" is a gathering where individuals bring a special food item to share, fostering community within the local church. Just as guests contribute prepared food items to be shared by all, the church is a fellowship where the unique contributions of women are not only welcomed but also vital for the community's health, service, and fulfillment of the Great Commission. This session will extend that spirit of shared contribution by delving into the theological, biblical, and historical aspects of the vital need for women in ministry within the local church.

VERSE MAPPING: HOW TO GET THE MOST OUT OF SCRIPTURE

Mikki Halbach / Hobbs 210

Ever read a Bible verse and felt there was more to uncover? In this hands-on breakout session, Mikki will introduce you to Verse Mapping—a practical Bible study method that helps you explore historical context, keywords, original language, and related verses and dig deeper into God's Word. Whether you're just starting out or looking to grow, you'll gain tools to slow down, ask the right questions, and walk away with greater understanding and confidence.

All sessions offered at 9:00, 10:00, and 11:00

